The ONE Campaign
With an additional 1% of the US budget we can:
- keep 10 million children from becoming AIDS orphans
- get 104 million children into grade school
- provide safe water to almost 900 million people
- save almost 6.5 million children under 5 who are dying from preventable diseases
Urge Congress and Pres. Obama today to add just 1% to the US budget to meet basic needs of the world’s poorest!
To help: www.one.org/bread.org elca.org/one lutheranpeace.org

Costs of Iraq War, March 2003 to Nov. 2011...
US soldiers killed: 4483
Iraqi civilians killed: est. 1,454,600
Cost: $802 billion + $2.3 trillion indirect costs
Psychologically traumatized US and Iraqi soldiers and civilians, both adults and children: untold millions
For more on U.S. wars, and alternatives: www.lutheranpeace.org

What Brings Security?
A month after 9-11, Pres. Bush, in a major address at the US Naval Academy, asserted there were 3 pillars to strong US security: defense, diplomacy, and development. Very true. Yet here are US budget figures for 2008 and 2010:
Defense $625 billion . . . $729 billion
Diplomacy $12 billion . . . $15 billion
Development $14 billion . . . $24 billion
Obama’s budget for 2011 proposes significant increases to diplomacy and development aid programs. However, (over)

The Circle of Social Change
Social responsibility, e.g.,
- recycle, carpool, fair trade
- investigate, write, blog, web
- on issues and root causes
- Forums, workshops, public events, media interviews
- Community-building; arts, cultural, and craft projects
- Leadership development
- Relationships, mutual support, spirituality

Volunteer with food,
banks, meals, shelters
Legislative advocacy, lobbying, networking
Volunteer registration, help elect judicial politicians
Community organizing
Vigils, rallies, marches
Picketing, direct action

Highlights of the Path of Hope
peace & justice movements and heroes
1350 B.C.E., Hebrew midwives. 600-520, Jeremiah, Isaiah, Micah... 1-60 CE, Jesus, apostles, Paul. 1200s, St. Francis. 1500s, Martin Luther. 1681, Wm Penn. 1840s, Underground Railroad, Harriet Tubman. 1919-47, Gandhi. 1920, Women’s suffrage achieved. 1930s, Dietrich Bonhoeffer; Dorothy Day, Catholic Worker. 1940s, White Rose; UN, 1955, Montgomery bus boycott. Rosa Parks. 1960s, ‘sit ins.” 1963, March on DC, “I Have a Dream.” 1964- Vietnam War protests. 1965, grape boycott, Cesar Chavez. 1970s, Liberation Theology. (over)

Martin Luther King, Jr.’s Principles of Nonviolence
Nonviolence: 1. is not passive, requires courage;
2. seeks reconciliation, not defeat of the adversary;
3. strives to eliminate evil, not destroy the evil-doer;
4. entails a willingness to accept suffering for the cause, if necessary, but never to inflict it;
5. rejects hatred, animosity or violence of the spirit, in addition to refusing to commit physical violence;
6. nurtures faith that justice will prevail.
(as outlined in King’s book, Stride Toward Freedom)

Leadership is important, often essential, frequently rewarding. It can also be challenging, especially in a culture with as distorted views on the subject as ours.
1. Leadership isn’t just getting others to follow your plans; it is helping the group come together and be energized by its own highest vision and goals.
2. Good leadership isn’t just about wielding power; it’s about helping others become more powerful. Thus it is often more useful to ask good questions or to restate what others say, than to assert ‘my answers.’

To Be a Bridge in a World Full of Walls
Pause: Find your center in God’s Grace. Pray to be open. (Release any hurts and fears.)
Listen first. (Don’t just assert your viewpoint.)
Inquire, to discern the other person’s feelings, needs, and humanity. (Paraphrase to verify.)
Speak: Share your feelings, needs, humanity.
Seek win-win. (Make requests, not demands.)
Nurture the relationship. (Tone, body language of openness, non-judgment, respect, warmth.)

Prayer can support our efforts to grow in Jesus’ Way of Shalom in our daily life. Prayer can help us to try out new ways of living and to work through the places where we’re confused or stuck. Examples of prayers:

“Give me the eyes today to see You in each person I meet, to respond in new ways, to seek to grow in Your Way of Shalom.”

“Help me to find new places today where I can practice the power of forgiveness.”

Supporting one another
Lutheran Peace Fellowship is a growing network of those who seek to be faithful to the Gospel call to work for peace and justice. Info on current priorities:
- Advocacy Update, __ occasional LPF e-mails on
- __ advocacy, __ youth, __ leadership, __ peace ed.
Resources: __ conflict transformation, __ hunger & poverty,
- __ Iraq, __ leadership development, __ peace education
LPF, 1710 11th Ave., Seattle, WA 98122  •  206.349.2501

Recommended reading:
Marc and Craig Kielburger, Take Action!
Julia Butterfly Hill, One Makes the Difference
Walter Wink, The Powers That Be: Peace Is the Way, Engaging the Powers: Jesus and Nonviolence
Richard Deats, Martin Luther King, Jr.; Mahatma Gandhi
Stephen Zunes, et al, Nonviolent Social Movements
Marshall Rosenberg; Speak Peace in a World of Conflict; Nonviolent Communication; Life-Enriching Education
There are many ways to be peacemakers: advocacy and service projects, organizing and research efforts. Each is valuable; combinations of methods can be especially effective. Each calls for strategizing, planning, and discipline. Questions to ask of any activity: Can it reach its goal? Is it empowering? Can it lead to fundamental change? Can we respect the opponent while we work for justice? Can we grow as disciples as we seek faithfully to walk in Jesus' Way of Shalom?

For more on current social change issues, resources, and efforts: www.LutheranPeace.org • 206.349.2501

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The world’s 191 countries unite to make poverty history

The Millennium Development Goals

1. Eradicate extreme poverty and hunger
2. Achieve universal primary education
3. Promote gender equality and empower women
4. Reduce child mortality
5. Improve maternal health
6. Combat HIV/AIDS, malaria, and other diseases
7. Ensure environmental sustainability
8. Develop a global partnership for development

For resources, web links, and workshops on nonviolence, see: www.LutheranPeace.org • 206.349.2501

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The biblical word “Shalom” means more than just “peace.” The Word fully includes our concepts of justice, inclusive community, wholeness.

Imagine the difference if that is what we meant when we say the word “peace!” LPF’s Peace Deck of quotes, bible texts, action tips, and resources aims to help us act on this deeper vision of peacemaking.

It can be useful for morning meditation, in the grocery line, or on the bus, at bedtime—for growing in Shalom.

To suggest a quote or advocacy tip, email us at www.LutheranPeace.org

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“Today, help me love those with whom I struggle; to listen, see their viewpoint, understand their needs...”

“Center my efforts in Jesus’ Way of Shalom.”

“Make me an instrument of Your peace...” (pause, repeat several times... ponder what comes up).

Grow from praying with others, and in prayer and conversation, support one another’s discipleship.

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Staying connected, Supporting peace

$35, regular member, $52, supporter ($1/week for peace), $19, new contributor, $8, student, low income, $100, sustaining member, __other: $... name: ____________________________________________
address: ____________________________________________
zip: ____________________________ phone: ____________________________
e-mail: ____________________________

www.LutheranPeace.org • LPF, 1710 17th Ave., Seattle 98122

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King’s 6 Steps of Nonviolent Action:

1. Information gathering and research to get the facts straight; 2. Education of adversaries and the public; 3. Personal commitment to nonviolent attitudes and action; 4. Negotiation with the adversary in a spirit of goodwill to correct the injustice; 5. Nonviolent direct action—marches, boycotts, picketing, sit-ins, etc.—to help persuade or compel the adversary to work toward resolution; 6. Reconciliation of adversaries in a win-win outcome that fosters a sense of community.

For resources, web links, and workshops on nonviolence, see: www.LutheranPeace.org • 206.349.2501

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Jim Wallis, God’s Politics; The Great Awakening

Pace e Bene, Engage: From Violence to Wholeness

Peter Ackerman, Jack DuVall, A Force More Powerful

Pam McAllister, This River of Courage; You Can’t Kill the Spirit; Reweaving the Web of Life anthology

John Howard Yoder, The Politics of Jesus; Just War

Joan Bondurant, Conquest of Violence

see also: www.LutheranPeace.org

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3. A good leader helps build and sustain a positive spirit in a group, nurturing compassion and healing.

4. The leader isn’t just the one ‘up front.’ Build shared leadership by asking others to assist with outreach, chair an agenda item, strengthen participation, draft a fact sheet or article, co-lead a task group, i.e., tap others to help things go well for the group.

5. A good leader seeks to be observant, encouraging, flexible, a critical thinker, fair, patient, humble...

for leadership resources, workshops: www.LutheranPeace.org

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in the years since 2001, the Defense “pillar” received 35 times more additional funding than either of the other 2 pillars. The number of State Dept. diplomats in DC and in all our embassies around the world combined, is about the equal to the number of sailors on one U.S. aircraft carrier. As a proportion of per capita income, the US allocates less funding for development aid than any other industrialized nation. Yet, we spend 92 billion each day on defense. It’s time we put more focus on prevention of and diplomatic responses to conflict. www.LutheranPeace.org