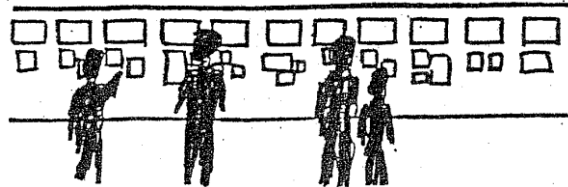


The Path of Hope...

Summary: The "Path of Hope" is both a list and a graphic exhibit of over 130 events and movements throughout history in which everyday people have been successful in bringing about peace, justice, and social change by nonviolent means. The display features well-known leaders like Rosa Parks and Martin Luther King, Jr., as well as lesser-known stories like the White Rose student movement in Nazi Germany. For many people, a good way to explore the possibilities of social change today is through the lives and words, activities and choices of inspiring peace and justice heroes like Gandhi, Dorothy Day, Nelson Mandela, and Aung San Suu Kyi.

Exhibit: Each event on the Path of Hope is summarized in a few lines on bright squares mounted along the top of a 120 foot long green cloth. Underneath each event, from one to five drawings and photos help illustrate and bring to life each event.

(photos, over) Shorter versions of the Path are readily organized for use in smaller display areas, classes, or work-shops. Hundreds of classes and groups have used the Path of Hope list and activities, as well as our "How- To" kit to make their own Path.



Experience: The Path and its activities have been used with over 1000 classes, conferences, and groups in the past decade. For example, the Path of Hope proved inspiring at the Intercollegiate Peace Fellowship annual conference in Canada and three Fellowship of Reconciliation events. It was a major exhibit at the 1997, '03, '06, and '09 Youth Gatherings each attended by over 30,000 students and advisors. The display has been featured in workshops for teachers, and for annual meetings of the largest peace education groups in the U.S., the Peace and Justice Studies Association (PJSA) and the Consortium on Peace Research, Education and Development (COPRED).

The Path of Hope was especially relevant during and after the Decade for Peace, proposed by 20 Nobel Peace Prize winners, the largest number to support any initiative. The UN General Assembly voted to designate 2001-10 as "The Decade for a Culture of Peace and Nonviolence." The coordinator of the Path of Hope was invited to serve as the USA-Canada delegate with two dozen leaders from around the world in the UN Decade for Peace planning process, beginning with international meetings held near Madras, India in October 1999. He was a leading force behind the Decade "Pledge of Nonviolence" signed by more than 80 million people worldwide.

While U.S. policy and most media attention following 9-11 moved in a different direction, the Decade fostered a significant amount of organizing of new initiatives and groups, development of resources, and new understanding and application of nonviolence – around the U.S. and world.

Resources: We've developed a variety of Path materials including Path listings of four lengths, descriptions of a dozen Path activities, photos, a four-page bibliography of sources covering most of the Path's events, and tips on Path projects for classrooms and youth groups. We have created many related activities, materials, and background articles on peace and justice efforts – as well as bibliographies on various relevant topics – for students, teachers, and community leaders.

LPF and groups contributing to the Path have presented over 300 leadership workshops from one, two, and three hour sessions to weekend workshops on "Peacemaking in the Real World," "How to be a Bridge in a World of Full of Paths," "Hunger in a World of Plenty," "The Significance of the Occupy Wall Street movement," and "Leadership Training in Peacemaking."

For more information please contact: **Lutheran Peace Fellowship, 1710 11th Ave., Seattle, WA 98122-2420 206/720-0313, ggersmehl@hotmail.com www.lutheranpeace.org**

The Path of Hope as it appeared at the 2009 New Orleans Youth Gathering of 35,000 students and their advisors. Given the number of people who came to the exhibit, we were offered a large space to work with. We organized the exhibit in a unique way: four separate Paths converged on an activity area in the middle with table and floor space for participants...



Tables in a large open space where the four Paths of Hope meet allowed participants to express their reactions in an art activity: each person creating a “peace flag” with words and graphics representing what the individual will take home to act on from what moved them from the Path of Hope. The peace flags were then hung on cords stretching over the Path; 1600 such depictions and commitments for peace and justice were displayed by the gathering’s end!



12 Activities using the Path of Hope

In our experience, the Path of Hope is more engaging and its impact is more lasting when participants are active in their exploring and learning. We've tried a wide range of activities, a dozen of which are outlined below. We invite you to be creative, and encourage you to share with us any new ideas you find useful.

1. Use a Path of Hope core activity – After everyone has had a chance to explore the Path or Path list, divide the group into 2s or 3s. Give each group a range of dates covering 1/6 or 1/8 of the length of the Path (a group of 24 could have 2 pairs for each segment of the Path). Ask each group to discuss their events, noting ones they've heard of, are new, are especially intriguing. Each person selects one to share with the full group. You can have participants write their event date & title on colored paper, stand in chronological order, and share.

2. Enjoy a video or workshop – Offering a nonviolence workshop or video for folks who have explored the Path can help reinforce the insights and applicability of the Path to our lives and world. For example, the six 24-min. segments of "A Force More Powerful" are ideal discussion starters. The PJRC can help with agendas, resources, and activities for a dozen hour-long and two different weekend workshops.

3. Questions and conversations along the way – We've made up cards with open-ended questions that are placed at various stages along the Path. They worked especially well when we trained and stationed volunteers at each one to engage groups of participants with their question and recorded answers in a growing collage of thoughts and ideas (on 8½ x 11 pink laminated cards in our Path version).

4. Make your own Path of Hope – This has proved to be one of the best methods of building ownership, and learning. Participants discuss and select events to include in their Path, make up the cards, find graphics, and present the Path to others in their school, church, community center, etc. (For ideas, see the sheet entitled "HOW TO use the Path of Hope with classes and youth groups.")

5. Share hopes for peace – Participants write their thoughts and hopes for peace on pieces of adding machine tape or cloth flags which are pinned to the Path or to a frame or posts next to the Path. It is especially effective in outside installations of the Path or near windows or a fan where they can flutter in the breeze.

6. Decorate bricks to extend the Path of Hope out into the world. It was used successfully at the '03 Youth Gathering in Atlanta. Seven groups collaborated to purchase 4000 cardboard lunch boxes a little larger than bricks. Work tables held a art materials, peace quotes, etc. for participants to decorate their "bricks." They were then stacked into extensions of the Path of Hope that snaked out 40 to 50 feet into the conference area.

7. Hold a scavenger hunt or self-Quiz – When participants reach the end of the Path invite them to work in small groups, pairs, or alone to answer questions or find events (e.g. see attached Self Quiz). We've found it isn't as useful to give out the quiz at the beginning because many people look only to fill in the answers and it can actually reduce engagement with and learning about events on the Path.

8. Explore the Path in groups – In one of the most successful high school installations, a group of a dozen especially interested youth were trained to accompany all of the students in the school in groups to walk along the Path, asking questions and adding details about their favorite events on the Path.

9. Write reports – Several schools have displayed the Path for the entire school for 2-4 weeks while one or more classes did activities about the Path. For example, materials from our "Sources" list can be made available in the classroom or school library for participants to prepare class presentations or reports.

10. Share handouts along the Path – We have eight 4" x 5" cards of quotations and 2 dozen smaller cards with quotes that can be hung in pockets along the Path. Additional quotations can be gathered by participants on leaders and events they find intriguing.

11. Look for insights into what makes a social movement successful. Choose several events that seem promising for further study on lessons that can be learned about organizing methods, leadership, tactics, etc.

12. Creative placement of the Path – For example, a church in North Carolina made their Path of Hope on a 4 foot by 80 foot piece of material which they used to encircle the chapel building during a Peace Sunday worship service. At the end of the service, parishioners were invited to explore and discuss Path events.

A Core “Path of Hope” activity (15 to 50 minutes)

Overview, Goals of the activity: Most Americans know far more about sports and entertainment figures than about the heroes and movements for peace and justice. School textbooks and the media spend far more time on the activities of presidents and generals than on the leaders and movements for the abolition of slavery, women’s suffrage, the 8-hour day, civil rights, environmental protection, and challenging racism, war, and family violence.

In the process, everyday people are denied the stories of social change, the stories of democracy. And they are denied stories that lift up and teach the skills of democracy: organizing, advocacy, nonviolent protest. Peace and justice workshops strive to tell those stories and share those skills through DVDs like *A Force More Powerful* and activities like *Building Nonviolent Community* and *The Eight Stages of a Social Movement*.

The Path of Hope is a valuable complement to these audiovisuals and activities. It is inspiring to experience in some detail the stories of Gandhi in India, the Danish resistance to the Nazis, or the antiapartheid movement in South Africa. It is also helpful and empowering to be reminded of or learn about the breadth, creativity, and effectiveness of nonviolent activity for peace and justice throughout history and in every part of the world.

Materials needed: Path of Hope brochure or timeline, markers and paper (different colors if possible), Peace Deck or Nonviolence cards (or other sources of quotations on peace and justice themes).

To begin: Pass out the Path of Hope brochure or timeline. Divide participants into groups of two, three, or four. Give each group a range of dates encompassing 1/6 to 1/10 of the events on the Path (e.g. 20 participants can divide into 3 groups of four and 3 of three each using one of the 6 panels of Path events in the brochure).

Instructions to groups: Ask each group to read through their events, and then talk about people and movements they’ve heard of, those that are new, those they found especially intriguing.... Invite each group member to select one event to share with the larger group. Option: If there’s time, have each participant write (large enough to be read across the room) the date of their event and a 2 or 3-word title on colored paper.

When everyone is finished, have the entire group stand in chronological order, and share a few sentences about what they found inspiring about their event. (Estimate time needed to ensure time for discussion.)

Discussion questions:

1. What makes these events inspiring? Give examples from the Path of Hope.
2. Were there events or leaders about whom you were unfamiliar? What difference would it make if these movements and heroes were prominent in our media and schools?
3. What is the role and value of stories like these in our efforts for peace and justice? What might we bring into our lives from these stories? What insights and skills from them could we use in our social change efforts?

Closing: Have several participants share brief quotations from the Peace Deck, or Nonviolence Cards by Path of Hope leaders and movements. (If time allows, pass out the cards and have everyone read a quotation.)

Leader tips: Pitch your comments to the experience level of the group. If the group is mostly unfamiliar with these stories, you may want to open the discussion by first asking, “Were there events you were familiar with? Were there ones new to you that you found interesting?” It makes for a more visual sharing if the colors of the event papers are mixed up around the circle. See “Activities using the Path of Hope” for additional options.

Follow-up activities: Discuss one of the 6 ‘A Force More Powerful’ DVD segments (see our ‘Social Movements, Nashville...’ workshop guide), ‘Building Nonviolent Community,’ or ‘8 Stages of Social Movements.’ Plan a day nonviolence workshop.

Resources: *A Force More Powerful* (book and DVD), *Justice Seekers Peacemakers*, *The Power of the People*, *This River of Courage*, *You Can’t Kill the Spirit...* (Our annotated guide, “Sources of the Path of Hope” lists over 200 resources.)

St. Francis...Quakers...Harriet Tubman...FOR...Gandhi...White Rose youth...Daisy Bates...Rosa Parks...Martin Luther King, Jr.
...Freedom Summer youth...Kent State students...Oscar Romero...Tiananmen Square students...Erik Larson...Nelson Mandela...

HOW TO construct a *Path of Hope* with a Class and Group

Introduction: The "Path of Hope" has proved to be an effective means for involving young people in peace and justice issues in a positive way, and for sharing stories of social change movements and heroes that can help inform and inspire their future justice and peace discussions and activity. Most groups opt to use the Wall lists (full text or smaller versions) along with activities, reports or papers by individuals or pairs, etc. Nearly a hundred classes, youth groups, and community organizations have opted to construct their own Path of Hope. Virtually all reported it to be a great project!

Preparation: It helps to lay the groundwork in a thoughtful way, especially if you are interested in a project of several weeks or months. E.g., think of ways to build on successful experiences members of your group have had in discussions, book reports, etc. on peace and justice heroes. You may want to plan several brief Path activities, discussions or videos on particular events on the Path (e.g. those at the top of this page) to build awareness, gauge and raise interest, and identify those in your group who could help with particular tasks in the project's early stages. It helps to locate a few of the sources that are especially strong visually: *Power of the People, A Force More Powerful*, picture books of Gandhi, King, civil rights.

Some youth group leaders and teachers have begun the project by asking a few interested students to read and share stories of key Path heroes in order to build interest. Similarly, it helps to proceed in stages, beginning with activities centering on figures chosen by group members. Groups have elected to construct Paths of every imaginable length, from a classroom bulletin board to 20 or 30 feet on classroom walls, to 80 or 120 foot installations in libraries, hallways, gyms & auditoriums. The San Antonio Peace Center constructed a portable display, adapted a Mexican game as a Path activity, and put the Path's text with graphics on their website under the title: "The Great Peace March" (www.salsa.net/peace).

1. Selecting the events to be included on the Path. In our experience, the more participants themselves are involved in this step, the better: Much of the learning takes place at this stage. Yet few people, young or old, are familiar with more than a fraction of Path events. Thus it helps to create a safe climate for members of your group to explore at their own pace as a way of building their knowledge and ownership of the project. It helps for participants to share what they're learning with the group and with others, e.g. giving short presentations for or leading small groups from other classes as they explore the Path. It also helps to use newsprint (or a Path list) to help the group can decide what they want to include.

Most groups report that selecting events worked best over a period of weeks, e.g. looking at a quarter of the total Path events at a time, starting with the most recent period which may be more familiar. It helps to begin by brainstorming what folks already know and then passing out a page of Path events, discussing its contents, and selecting ones to include. The next step can be done in pairs or small groups: gathering pictures and drawings. As interest and involvement grows, you can fill in any gaps, e.g., "We have more ecology than civil rights stories, do we want to consider additional events?"

2. Looking for pictures can be one of the most enjoyable activities. Here are tips from our experience: Most students do quite well looking for pictures on the web. Scope out print sources ahead of time using our bibliography, perhaps with help from more interested young people. Libraries can put relevant materials on reserve. You can use graphics from The Great Peace March as backup, or to fill in gaps. You may need to help those making copies how to choose copy machine settings (e.g. a lighter setting for darker photos, perhaps the "photo" setting). Generally photos reproduce better if they're enlarged. Keep your focus on helping your group members learn about, select, illustrate and draw lessons from inspiring Path stories.

3. Construction: The four colors we use for the Path event descriptions (blue, green, orange, red: for peace, social justice, racial justice, freedom/independence) are widely available in copy centers and paper stores, help brighten the Path, and distinguish different types of events. A muted color works best for a paper or cloth background. Access to a laminator can make your events, graphics, and photos more durable (ours cost only \$79); laminating isn't essential but it can help.

4. Sharing: Which heroes are especially meaningful for your participants? Have small groups present 2-5 minute talks and lead discussions on favorite Path events for your group and then perhaps for other classes, parents, etc. Develop larger insights about how social change takes place. Select Path events to explore at greater length (e.g. with videos of Gandhi, Freedom Summer...). Don't forget to take pictures of the planning, construction, presentations, etc. Have fun!

We are eager to help you have a successful project, to learn from your experience, and to share what you learn with others: 206.720.0313; pjrcbboks@hotmail.com. There are many relevant materials at: www.lutheranpeace.org

Highlights of The Path of Hope

nonviolent peace and justice movements and heroes throughout history

1350 B.C.E., **Hebrew midwives** commit first recorded act of **civil disobedience**. 600-480, Compassion and nonviolence promoted by **Jeremiah, Isaiah, Micah; Lao Tsu, Buddha....** 1-80 CE, **Jesus, apostles**. 1200s, **St. Francis**. 1681 **William Penn**. 1840s **Underground Railroad**, Tubman. 1849, **Thoreau**, "On the Duty of Civil Disobedience." 1919-47, **Gandhi** expands nonviolence strategy. 1920, **Women's suffrage**. 1933- **Dorothy Day, Catholic Worker... Bonhoeffer** vs Nazis. 1940s **White Rose... UN founded**. 1955, **Bus Boycott, Rosa Parks**. 1960, **civil rights sit ins**. 1963, **March on DC**, MLK's I Have a Dream speech.

1964- **Vietnam War protests**. 1965- **grape boycott, Cesar Chavez**. 1970, **Kent State & Jackson State** protests/killings. 1970, **Earth Day**. 1977, **Nestle boycott**. 1979, 1st major **Gay Rights March**. 1982, **Sr. Helen Prejean**. 1986, 'People Power' wins in Philippines. 1989, **Tiananmen Square protests**. 1989, freedom for **Hungary, Poland, Bulgaria, Czech., East Germany**, etc. 1989- S. Africa **divestment campaign** helps lead to 1994, **Nelson Mandela** elected President of South Africa. 1999, **WTO** protests in Seattle.

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----- copy on both sides, cut into four cards, share----- >

The Path of Hope

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The exhibit has traveled across the U.S. and Canada to over 500 schools, conferences, colleges, and events where it has inspired tens of thousands of people. The Path of Hope project has developed and refined a dozen participatory activities used by over a thousand classes, workshops, and groups. Many of the participants have gone on to use and share with others free Path of Hope stories, activities, articles, and resource guides, as well as a "how to" kit to create their own Path. Our new "Peace Deck" offers dozens of insights, skills, and inspiration.

We'd love to read your reactions to the Path of Hope, and your ideas for updates and ways to live nonviolently. We welcome your partnership in sharing the vision and skills of justice, equality, and nonviolence in our troubled world.

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